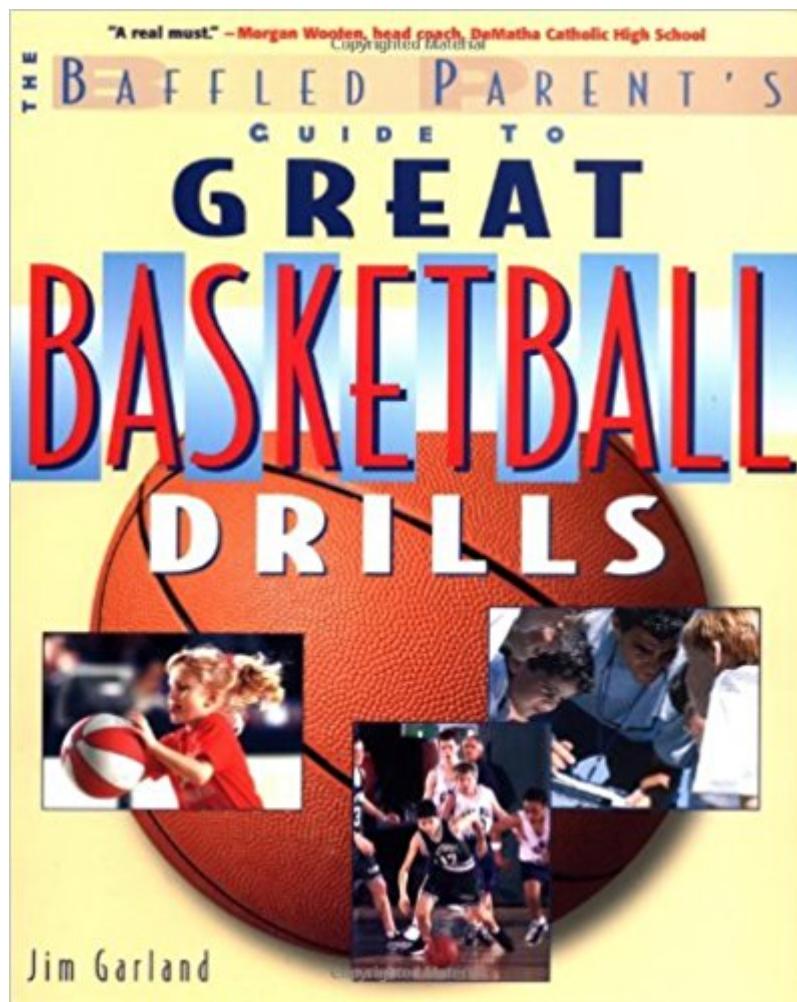


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# The Baffled Parent's Guide To Great Basketball Drills (Baffled Parent's Guides)



## **Synopsis**

The newest addition to the highly successful Baffled Parent's Guide Series. Written by a teacher and basketball coach with more than three decades of experience, Great Basketball Drills offers 125 games that will keep practices fresh and kids moving and excited. Here is a fun, engaging alternative to traditional rote drills, with games designed to teach basic skills, sharpen reflexes, and build confidence and decision-making ability. Great Basketball Drills is a sure bet to end practice boredom. A fun, original games approach to drilling young players 125 simple, skill-building games that keep kids moving Quick-access troubleshooting chart lets coaches easily match drills to problem areas Endorsed by nationally renowned high school coach Morgan Wooten

## **Book Information**

Series: Baffled Parent's Guides

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Average Customer Review: 4.2 out of 5 starsÂ  See all reviewsÂ  (9 customer reviews)

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## **Customer Reviews**

Basketball books I have read by the dozen. None like this one though. Jim Garland's approach to teaching the game is totally unique. How many times have you seen kids at basketball practices standing in lines waiting for their turn? How many times have you seen teams with one or two players who move around on offense while the others stand watching? These drills involve kids constantly in the skills and concepts of the game without ever waiting in lines. Garland's drills teach coaches how to get those players to move intelligently on the court, help teammates get the ball in good places, see open players, and how to play defense within a team concept. What's amazing is that the drills are so well thought out, they do the teaching for you. Most drills are a game within themselves but as players strive to "win" the drill, they are improving in their understanding of the

very concept you were trying to get across. The descriptions are remarkably simple. The progressions are masterful. And the diagrams are extraordinarily user friendly. Garland's Baffled Parent's Guide to Great Basketball Drills is a must for any youth coach! 5 stars!

As a curriculum director of summer sports camps for Basketball I highly recommend this book to all coaches. It challenges players to learn proper techniques, but more importantly it challenges players to think about their decision making, and to understand concepts of vision and space. (Difficult for many, so lets help make it easier). The book is ideal for working with youth players, the philosophy behind the book and the drills are fantastic.

As a director of youth basketball camps I found Dr. Garland's book priceless. There are few books written on space and movement like this one. You can never have enough drills to reinforce movement on and off the ball. The illustrations could help even the beginner level coach have a taste at success. There are a great deal of inexperienced coaches and parents that could benefit from this book. I use it and it works.

This is the second book by Jim Garland that I have read. He includes drills in his books that are game-like and keep players moving. Also the drills are not too difficult to organize. My favorite section was the drills on screening. I thought the drills in this section were more game-like and didn't involve standing in line. I do think this book is best suited for coaches of elementary aged teams. A vast majority of the drills are more suited to that age group.

I used this for some drills and it had some really good ideas but it really lacked games for the young children. I think it is a great book for 2nd graders and up but not a lot for little kids.

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